

September 2022

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New Beginnings

September marks the start of the school year. For the reception class it is the beginning of their formal education. This year at Frenchay Primary School the pupils and staff at the school start something very special with the opening of the new school building and a journey across the Common to the new site, where they will enjoy a state-of-the-art building and a larger facility, soon to replace the present site which has served Frenchay for the past 180 years since 1842.

Several of the items in this edition of FCN refer to this momentous event, and it is truly exciting to witness this new beginning.

Frenchay Community News

Articles and items of news are welcomed by the editorial committee, to be sent to :

frenchaycommuninews@gmail.com
or, if posted or hand-delivered, to
31 Wadham Drive, Frenchay, Bristol
BS16 1PF

The deadline for the October 2022 edition is 12.00 noon on Monday 12th September

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Frenchay Residents Association (FRA) Report No. 94

Dear Friends and Neighbours,

We hope that by the time you receive this magazine you have returned rested and relaxed from any vacations, this glorious summer reminds us of 1976 and has been very sunny indeed.

When we helped with the establishment of the new community Orchard (gifted by the NHS/NHBT as a Queen's Jubilee Canopy scheme) we probably could have told you that it was going to be a long, hot and dry summer. This has meant that a lot of willing allotment holders have helped us to do the watering on a regular basis, many thanks to them all.

As this article is prepared a small group of us, including the NHS Environmental Ranger, have spent half a day protecting the new fruit trees with cages. This not only helps to protect them from animal damage, but is timely as work is about to resume on the path to our brand new school. We wish the Head and her staff good luck in the great migration across Frenchay Common, how brilliant it will be for everyone involved.

SGC Funding Grant

You might recall earlier this year that our SGC Councillor Liz Brennan helped to support some of the FRA expenses in achieving our bulb planting programme, which also includes many of this year's biodiversity projects. This is a direct response to the SGC climate emergency and is why Liz facilitated a grant for us of £1,560, in recognition of our work in Frenchay.

As part of the process for applying and procuring this award, FRA has had to provide a raft of information to SGC so that we can be scrutinised on all aspects of our voluntary organisation and how we manage any risks that may occur.

This has included providing full accounting information, our current constitution, safeguarding and diversity policies and how we manage all of our voluntary work to ensure that everyone is supported and protected adequately.

All of this information is readily available on request, please just ask us, because, due to the Covid pandemic, holding a public AGM has been impossible over the last two years.

It is at our AGM's that all of these policies are confirmed and re-presented, this includes our data protection registration as we maintain an email database.

Once we know the likely date of our next AGM this can be refreshed publicly, but in the meantime if anyone wishes to see these documents and policies please just ask us.

When we know the timings for the autumn/winter Covid vaccination second booster programme, we will make a decision upon how soon it will be safe and practical to have everyone together again. In the meantime we will continue to support Frenchay's best Interests in any way that we can.

Biodiversity

Thank you to everyone who has studied and provided feedback to us on our mammoth feature in the August copy of this magazine. There was a lot to read and take in, but already we are getting additional support and ideas for our biodiversity work.

One excellent response highlighted the fantastic wild flower drifts that have been introduced on a part of Kendelshire golf course. The display is fantastic and includes new bee hives.

We do of course have our own local bee keeper Fred Ballard, his hives produce some excellent honey and many of us replenished our honey stock from his Flower Show stand

I was lucky enough in July to visit the wild flower project around the moat at the Tower of London which was stunning. This was an incredible logistical feat which included tipping top soil by conveyor belt down into the moat to provide the base before seeding. Hundreds of thousands of tons of soil were used and this has been established as a permanent biodiversity project where preparation, and re-seeding, will be required every year.

It was also fascinating to discover that for a long time now bee hives have been maintained on inner London office and building rooftops, with enough nectar on offer

to maintain those colonies. So for those hives close to the Tower of London the bees have had a real treat this year and going forwards.

Because of the amount of preparation work each year, FRA are happy to pursue more projects of this type, if we can get more volunteers or voluntary groups to help us.

Please do come forward if you can help us in any way as we make plans for this autumn, going into 2023. There will be plenty of opportunity to get your hands dirty and meet people doing exactly the same. Hands on work outside is so enjoyable and rewarding, don't forget that we can offer this as DofE community service accreditation for any students backed up with a parent or family.

Summer Entertainment 2023

We know this seems a long way off, but following the immense enjoyment of the Jubilee Celebrations on the common and more recently the Frenchay Flower Show, we are beginning to float ideas of what might be possible for next summer?

Our current thoughts include a family picnic and sports day, possibly to include some live music later on as we all recover. Maybe a music event for school and student bands, along the lines of the wonderful young jazz band at the Jubilee picnic.

Being more ambitious could an outdoor cinema night work?, it certainly would have this summer given the very dry weather.

Give us your thoughts and ideas please, we must keep the momentum and community spirit moving forwards and hope that this summer has left you wanting more?

Help Still Needed Please

We still need help for someone in the village who assists a local family.

She collects and delivers an online order from TESCO Eastgate for them but needs back up when she is away. Timings and frequency are flexible.

Please e-mail FRA through adriancollins1958@gmail.com if you are able to help our

Good Samaritan. It would be brilliant if we can find a volunteer please. Thank you.

Thank you all for your engagement and continuing support.

Adrian Collins (Chair - FRA)

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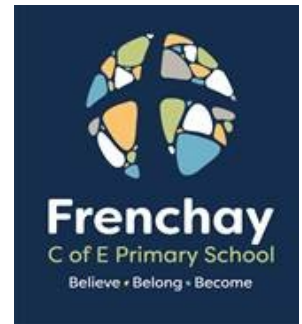
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Report from Frenchay School

From Headteacher
Katherine Marks



September is seeing the final touches being carried out to our wonderful new school building for Frenchay Primary School! We cannot wait to move in on the 14th and open officially on the 19th September. Year 4 and 5 children had one final visit before we broke up for the summer where they met Toby Savage, Head of the Council, along with Councillors Erica Williams and Ben Burton. They were able to see the walls beginning to be painted, all with natural colours to go with the natural feel of the school, chosen by Katherine Marks, due to the location of the school next to the conservation area.

Play equipment is being provided by the school after the move date, again with a natural feel as it is all wood made by Pentagon Play. This work will be carried out between November and January, with the final piece being a large play Castle to be sited along the AstroTurf next to the new football pitch.

There is much for us to look forward to as well as much to organize! We know there is a huge amount of history in the current site which we do not want to lose touch with. As part of the memorial of this chapter of school life, we shall be displaying a model of the original building, made by Rich Spence for the Frenchay Flower Show a couple of years ago. This was kindly donated to the school by him and a fitting link between old and new

Once we are settled in, we shall hold an **Open Day** session after school so the local community can come and visit to see the end result for themselves.

We look forward to seeing you all then. Watch this space for more details in the next edition of the Frenchay Community News.

Excitement builds as new Frenchay Primary School nears completion

Even as staff and students look forward to the summer holidays, a group from Frenchay Church of England Primary School have visited the site of their brand new facilities to take a last peek before building work is completed over the break. They will move in at the start of the new school year in September.



The new school is a total rebuild and enlargement on part of the site of the former Frenchay Hospital. It will have state of the art facilities and, as temperature records tumble, the visitors were particularly keen to see and learn about the environmental performance of their new buildings, which are designed to Passivhaus standards of environmental performance, meaning they will have a very low carbon impact on the environment.

Building work began on the £10million project in January this year and the finished facilities will incorporate a range of features that will reduce running costs and minimise the school's impact on the environment.

Key design elements to achieve this include high levels of insulation and triple glazing to help keep staff and students cool in the summer and warm in the winter. Heat will be generated by air-source heat pumps and supported by a Mechanical Ventilation and Heat Recovery (MVHR) system to provide good air quality in the winter whilst re-using heat.

Photovoltaic solar panels (PV) will be installed on the roof of the building to generate zero carbon energy for use by the school and that will be fed into the national grid when not being used on-site.

Low energy, LED lighting will be used throughout, to further reduce energy consumption.

As a result, the building is fully electric with no fossil fuels consumed on site. All of this combines to reduce the running costs for the school.

As well as being a brand new facility, the new school will also be larger than the existing one. Space over two storeys will accommodate 420 pupils and the welcome a two-form entry to meet the need for local school places.



Frenchay CofE Primary School Headteacher, Katherine Marks, said: “My staff and I are so excited about starting the new school year in these brand new buildings. The pupils who visited the site were fascinated to see how the school is coming together, layer by layer, as well as to meet some of the builders and hearing from them how they are making our new school.”



FRENCHAY PRESERVATION SOCIETY (FPS) – Tuckett Field

Last month’s edition (August) of Community News contained a special report by FRA on Biodiversity in Frenchay, including a brief reference to Tuckett Field as ‘Area 3’ of that report.

So, I thought it would be very appropriate to follow-up with an extract from the book entitled “A Grand Tour of Frenchay” by John Lucena, which was first published by FPS some 40 years ago in 1981 and produced in association with Winterbourne Parish Council.

Tuckett Field features quite prominently on the map in the centre-fold, although the book’s title obscures it on the famous green covers. Anyway, here is the relevant extract from page 22:

49) Tuckett Field: on your left is a Ha Ha (see 3) – *on the map*. Francis Tuckett (1803-68) owned all this open space down to the river and replaced the hedge with a sunken wall and ditch to open up this magnificent vista across to the woods on the other side of the Frome which provide such a dramatic backdrop to much of Frenchay. He was an expert botanist and raised and imported many of the fine trees in the Frenchay and Downend area – a tradition continued by his son, Francis Fox Tuckett (1834-1913) in whose memory the Saddleback field was left to the people of Frenchay for their enjoyment in perpetuity. The National Trust property starts at the hedge. The trees just inside the field are three Atlas Cedars and an Austrian pine. Much use has been made of Holm Oaks, an evergreen oak much beloved by landscape gardeners in the past. The old English Oak standing on its own near the brow of the hill has a lightning scar right up its trunk.

Readers may also be interested in two other sources of reference: “The Tuckett Family of Frenchay” (Chronicles No. 15) and “Winterbourne, Gloucestershire” by C.H.B. Elliott. All three books are available from Frenchay Village Museum.

Hugh Whatley (Chair – FPS and the Tuckett Society).



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Update from Redrow Homes

After much anticipation, the wait is now over and Redrow South West are pleased to announce that we will begin selling the final phase of Frenchay Park from the end of August. In total we will have 69 homes available and they will consist of two, three and four bedroom houses and also one and two bedroom apartments

We will have a wide range available including the Stratford, a four bedroom detached family home, very traditional in appearance and the Lincoln, a more contemporary four bedroom semi-detached property. Three bedroom wise we will have our traditional Warwick and Letchworth house types available alongside the Moreton and Bakewell which have a contemporary feel to them. For anyone looking for a much sought-after two bedroom house, you will be in luck because we will have the Lyme and a Buxton for purchase.

We expect the popularity of the development to continue and for this reason we would advise homebuyers to register their interest with our sales team to avoid disappointment. We have already experienced a high level of activity and some of our homes have sold twelve months in advance of the properties being built

On our current phase at Frenchay Gardens we have two and three bedroom properties for sale, once again all selling very fast with the starting price at £349,995 for the two bedroom Coach House with a double garage. The Ledbury and Radstock are very popular three bedroom homes, with only one of each left to sell and they start at £429,995. To avoid missing out on these properties we would strongly recommend booking an appointment at our sales office which is open 7 days a week from 10am to 5.30pm.

Our final phase at Frenchay Park is an exciting opportunity for all home buyers whether you are looking for your first home, have an expanding family or are looking for investment for the future. All of our homes on Frenchay Park and our current phase on Frenchay Gardens will have stunning modern interiors, to compliment the contemporary and traditional styles on offer and of course will be situated in within Frenchay and amongst all that it has to offer.”

Charlotte Newnes, Area Sales Manager



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The September Garden

It's hard to believe that summer has matured, especially as it only seems like yesterday that the daffodils were dancing in the breeze. With the changing of the seasons there are lots of jobs to do in the garden in September. With autumn approaching and summer almost over, there are plenty of tasks to tackle to get ahead before the cold, harsh winter months. But less about that - Let's enjoy the colours and hues of summer we still have!

September is the perfect time to plant container grown shrubs, fruit bushes, trees, perennials and bulbs for next year because the soil is moist and still warm, creating ideal conditions for plants to become established before the ground freezes. Hopefully fruit and vegetables have cropped well. There may be some apples and pears to harvest but check they are fully ripe either by the fruit coming away from the stem easily or if you cut into the fruit the seeds are starting to turn brown, they should then store for some time. This year has been great for soft fruit. Freezer and jam cupboard are replete with produce. There is no secret about jam making except getting "the set" right I will, however, leave any recipes to fellow contributors.

Extend the colour in your garden by planting out bulbs from mid-September. Below are some of our favourites and have colour throughout spring such Snowdrops, Crocus, Anemone, Grape Hyacinth, Tulips, Mini Daffodils, Fritillaries and Hyacinths. Take advantage of free plants. Collect seeds, take cuttings or split perennials. Share your surplus with neighbours you may be very pleased with reciprocal produce. As the temperature drops it's a good idea to protect border plants by mulching. It's best to apply when the soil is damp or wet and make sure you weed first. It will help your soil from drying out, improve its texture and help protect the roots of tender plants such as dahlias or Verbena from frost – a good 2 inch layer is best.

September is a great time to give your lawn some much needed love to revitalise it after the hot dry weather and ensure that it's fit enough to get through the winter. Depending on the state of our lawns and erratic rainfall it is time to rake, aerate and feed with an autumn lawn fertiliser; this will help develop healthier and stronger roots.

For the best results always apply after mowing and before rain is expected. If, like ours, your lawn is shaded or water-logged, moss can be a nuisance. Rake well and aerate with a fork – use a sandy top dressing to keep the drainage. At this time of year light becomes essential for lawns to develop strong roots, be sure to rake leaves regularly.

Lastly lets enjoy what we have created and the things to come – planting good thoughts helps feed our minds with the right fuel.

Alan Caswell



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Councillor Ben Burton reports : Frenchay Church of England School Update

As staff and students were looking forward to the summer holidays, I joined a group of students and teachers from Frenchay Church of England Primary School to visit the new school site. We were given a tour of the brand new facilities, enabling us to take a last peek before building work is completed over the summer break. The school will officially move in during September.

As many residents will know, the school is a new build on part of the site of the former Frenchay Hospital. It will have state of the art facilities and, as temperature records have tumbled recently, we were able to see and learn about the environmental performance of the new building, which has been designed to Passivhaus standards of environmental performance. Frenchay will be the home of the first the Passivhaus school in South Gloucestershire and the school will have a low carbon impact on the environment. Key features of the design include high levels of insulation, triple glazing, low energy LED lighting, heating provided by air-source heat pumps and recycling of heat through a Mechanical Ventilation and Heat Recovery (MVHR) system, which also ensures good air quality throughout the school. When complete the school will use electricity only, require no fossil fuel consumption on site and generate its own zero carbon energy through Photovoltaic solar panels on the roof, with any surplus energy feeding into the national grid.

This brand new facility, will provide accommodation for a larger number of pupils than the current school with capacity for 420 pupils to respond to increased demand in the area. The staff and students have been part of the decision making in relation to the new school so hopefully this will help to smooth the transition and ensures it meets their needs from day 1. For me personally, as local Councillor for Frenchay and Downend alongside Cllr Liz Brennan and Cllr James Griffiths, it was exciting to see the benefits of our decision making, to provide the best possible start in life for children in South Gloucestershire, as well as to make a real difference on response to the Climate Emergency, are coming together. We hope that during our next visit to school there will be a hive of activity.

Library Cards All pupils in Reception and Year 1 at South Gloucestershire primary schools have been given their own library card before the start of the school holidays. This was as part of a drive to encourage youngsters across the district to read more for pleasure, as well as accessing wider library facilities and leisure centres. The aim of the programme, agreed as part of this year's council budget at a cost of £40,000 per year, is to help support the council priority of giving every child the best start in life. The library cards will be rolled out over the next four years, with all pupils in Year 6 receiving their own cards in the autumn term to help ensure that momentum and interest in reading is carried into the secondary phase.

Over the next four years every child at primary school will have received a card, unlocking a host of learning and leisure opportunities with 7,000 children receiving cards each year. This year, pupils in Reception and Years 1 and 6, around 10,000 children, will receive their cards. In each of the next three years they will be provided to all pupils in Reception and Year 6 classes. Library access will give children instant opportunities to borrow books free of charge. In addition, children's library cards can also be used at any of the South Gloucestershire Active Lifestyle Centres as well, which will help support their wider physical and mental health and wellbeing. For more information about this scheme please see www.southglos.gov.uk/mylibrarycard

M32—Junction Lining

We also wanted to inform residents that the need for relining of the roundabout at the M32 junction has been reported to the Council. This work has been programmed and should be completed imminently. The slight delay in starting the works is due to the roundabout forming part of the national highways network so consent and coordination is needed with Highways England. We hope that once the work is complete it will help the flow of traffic and be more clear for drivers.

Ben Burton

Frenchay Church — Wheel Chair Access

The wait should soon be over. The PCC (Parochial Church Council) has given the go-ahead to a design which provides a ramp and new steps to the main entrance of the church. Now we are awaiting detailed plans, then need to secure the appropriate permissions and work can start. At this stage we do not know what the costs will be or whether we will be able to do some of the work ourselves.

We are also committed to zero carbon by 2030. At the moment the wind tends to blow unhindered through our west doors, making effective heating difficult. Changes are needed. We plan to install a heat curtain – like the warm down-draft as you enter some shops – between the entrance and the back room, to keep the cold air out.

The parish church is there to serve all of us. Do come along and find out more.

Kate Davison

Concert and Afternoon Teas — Sunday the 4th September 2022

At Frenchay Parish Church, on The Common

Afternoon tea with home-made cakes served from 2.30 pm to 5.00 pm

From 3.00 to 4.00 pm there will also be an informal concert given by Frenchay Church Choir. Concert admission free (with entirely voluntary donations invited).

All welcome.

CHURCH CALENDAR FOR SEPTEMBER 2022

Commencing at 10.30am

4 September All Age Worship and Holy Baptism
11 September Holy Communion
18 September Morning Praise
25 September Holy Communion

Commencing at 6.00pm

4 September Holy Communion (BCP)
11 September Evening Prayer
18 September Evening Prayer
25 September Evening Prayer

It should not be compulsory to wear face coverings (masks) in church but please do so if you wish. Sanitisation is still available.

The Church will be open for visiting every Sunday afternoon until further notice.

Every Wednesday (Apart from 7 September when this will take place in church)
8.00pm Prayer Meeting on Zoom

For updated information, please refer to the Church Facebook and website www.frenchaychurch.org.uk and notices outside the church, on other notice boards in Frenchay and as kindly included through the Frenchay Residents Association.

If you would like to be on the church mailing list each week, please advise the Parish Secretary parishsecretary@frenchaychurch.org.uk

Spire Lighting

For requests (cost £10) please contact
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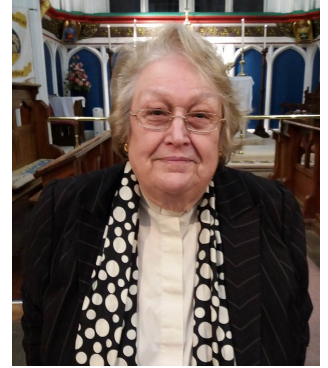
18th July Pam Watts Pam`s birthday, remembering daughter Angela
20th July Paul Watts Paul`s birthday, remembering sister Angela
5th September Peter Barnard In memory of Peter Barnard, with love

This Month's Minister's Letter, by the Rev'd Judith Lee

What an amazing summer we have had, so many opportunities to get together blessed by the sunshine.

I am very aware of all the concern about climate change and water shortage but perhaps we can think about that in a later article!

For now I want us to celebrate the strength and blessing of being able to be together.



I remember the wonderful Community Picnic on the Common as we celebrated the 70th Anniversary of our Queens Reign.

I felt privileged to sing and pray as we feasted on food, with friends and family and was very much reminded that we ask God to 'give us each day our daily bread'. That includes so much apart from food. Perhaps you can think about what means for you. The Frenchay Flower Show this year was an amazing success-apparently according to What's On it was the only thing happening that day in Bristol apart from the Pride celebrations. A huge number of people were involved in the organisation of the show and I'm sure we are all cognisant of that and thankful to those who enabled us to be safe as we enjoyed all that was on offer,

Recently the great success of our Women's Football World Cup has lifted our spirits as we observed the talent, team work, resilience and leadership.

I have enjoyed watching the Commonwealth Games-the friendly games-and the huge impact the cheering of the crowd has had on all who participated, again it opened our eyes to see the enormous range of talent on show.

The Commonwealth is at the heart of everything our Queen holds dear. When she came to the throne the Commonwealth consisted of eight nations. today 54 nations and territories, almost all former colonies are members.

How do you turn nations that your own country has conquered, ruled and exploited for decades into friends?

In our deeply fractured world, how has it happened that 54 nations from five continents, with very different cultures and diverse religious majorities, should choose to meet regularly, not out of military expediency or vital self interest, but out of commitment to a shared vision for a different kind of world?

In her 1953 Christmas address the Queen said,

‘The Commonwealth bears no resemblance to the empires of the past. It is an entirely new conception built on the highest qualities of the spirit of man: friendship, loyalty and the desire for freedom and peace. To that conception of an equal partnership of nations and races I shall give myself heart and soul every day of my life.’

I say amen to that.

My thoughts and prayers are very much with our school as they begin to make the transition to their new building.

Peace and blessings to you all

Revd. Judith

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Interpersonal and communications skills of a high level, both oral and written, are required. Also, up to date IT skills are essential, including use of MS Office, and cloud storage.

Main tasks will include general office administration but also those required for weddings, funerals, Ministry rotas and Orders of Service, church diary and providing information updates to website administrators.

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Working hours will be 8 per week. There will be the option of working from home or the Benefice Office. A copy of the full job description is available from [**churchwardens@frenchaychurch.org.uk**](mailto:churchwardens@frenchaychurch.org.uk)

Application for this role should be made by the submission of a CV and covering letter including the contact details for two references to Reverend Charles Sugden either by

- email revcharles@frenchaychurch.org.uk or
- post to The Rectory, 21 Park Road, Stapleton, Bristol BS16 1AZ

Closing date for applications: Noon 5 Sept 2022

Following on from the Article in the August edition of FCN about the story behind the names 'Shaftsbury Park and The Dings Crusaders', **Geoff Haskett writes as follows :**

Reading in last month's edition about the origins of the Dings Crusaders brought back many memories of the Dings. Pip n' Jay church ran their Saturday Kid's Club for many years on the land across the road from Shaftesbury House. The building is home to a group of of previously homeless folk working with the Emmaus Community. They would let us fill up our water containers from their kitchen.

Many's the time I've left Frenchay to drive to Keynsham where the project bus was parked up next to the chocolate factory. Provided the bus would start I'd drive it to St Philips where the Dings kids would be waiting for us.

The bus was equipped with plenty of games and of course a football !

So naturally Gill and I were very excited when the Dings arrived in Frenchay; bringing back memories of many happy days spent alongside the railway tracks with a group of very active children.



Organist Wanted

St John the Baptist, Frenchay seeks an organist to lead its congregational worship on the first two Sundays of each month at 10.30am, and to support the choir at their weekly Thursday evening choir practice.

The First Sunday is an All-Age Service and the Second Sunday is Holy Communion.

For further details please contact Sylvia Perry at :

churchwardens@frenchaychurch.org.uk or 0797 996 1815



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Our main hall accommodates 120 people. We have 2 additional rooms upstairs each holding up to 50 people and 20 people respectively, a large kitchen and bar area, a disabled toilet and a stair lift as well as a car park for up to 25 cars.

For all enquiries please contact the booking secretary on telephone no 07794 955427 or by e-mail at frenchayvillagehall@gmail.com

Please also visit our web site at www.frenchayvillagehall.co.uk where you will find a list of our charges and details of all regular activities that are held at the hall which may be of interest.



Holiday Play Scheme at Frenchay Village Hall

2 to 11 Year Olds Welcome

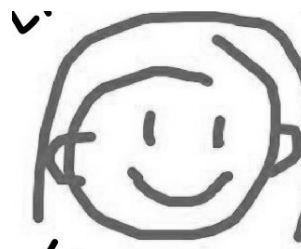
Open during all school holidays: 8.30am – 5.30pm (full day)

9am – 3pm (short day)

A range of planned and themed activities provided each day

For more information contact :

Lucy Foley 07920885185



Free Places Available

(through Nursery Education Grants : please speak to us for details)

Enrolling now for 2 to 5 year olds

Lucy_foley@hotmail.com

Held at Frenchay Village Hall

FRENCHAY VILLAGE MUSEUM – Autumn update

The jubilee exhibition which we mounted for the summer will be taken down over the first weekend of September, so there is just time to fit-in a visit – and/or send us a personal memory of 1952-53.



As late summer turns to early autumn it is very tempting to hope for an 'Indian Summer' to put off the thought of a difficult winter ahead. Meanwhile, we are preparing to replace the Platinum Jubilee memorabilia with an exhibition of Indian Culture. This is a visiting / temporary exhibition from South Gloucestershire Museums Group and will be touring many of the local museums.

We are also taking part in another (annual) heritage open-days activity, with this year's theme being based around 'astounding inventions'. The museum has two obvious examples; the 'pink dyson' (vacuum cleaner) originally developed by Jeremy Fry, and the chocolate bar invented in 1847 by Joseph Fry with an original displayed at the Great Exhibition of 1851. Before that, chocolate was only taken as a drink, so the invention of the chocolate bar really did change consumer habits!

Over the summer we have been helping a young volunteer, Iris, who has paired-up with us as part of her Duke of Edinburgh's Award. We are hoping that her interest in the 'Hospital room' will lead to a write-up on an 'astounding invention' in the medical world - developed right here in Frenchay!

We continue to rotate our cabinet of new & recent acquisitions. Over the summer, we have asked MSL Walling who are repairing the walls by the Village Hall, to save any interesting fragments of pottery and/or other potential artefacts. The latest exhibit is a one-third pint bottle thought to date from the 1950s and the days of free school milk (answers on a post-card if you know who famously stopped all that in the 1980s!)

Finally, we hope to take up the offer from a local (metal) detectorist to display some of his finds later in the autumn season.

Hugh Whatley (Chair, Frenchay Tuckett Society)

**BOOK GROUP MEMBERS
WANTED**

A local Frenchay book group, currently all female, is seeking new members.

We meet one evening a month in each other's homes to discuss books chosen by the members over light refreshments.

For further information please give me a call – Jackie on mobile **07789 703230.**

**We are running taster sessions for
our
NEW YOGA CLASSES AT FRENCHAY
VILLAGE HALL**

**9:30 - 10:30am Mon 19th Sept,
or
6:30 - 7:30pm Tues 20th Sept,**

**Why not book in to one to see if our
classes would suit you.**

***friendly -non-competitive stretch -
strengthen***

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yoga2@btinternet.com**

**FRENCHAY
PARENT AND
TODDLER GROUP
TUESDAYS 9.30-11.30 AM**



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**BABIES, TODDLERS AND
PRESCHOOL AGE
CHILDREN AND THEIR
FAMILIES AND CARERS
WELCOME
FIND US ON FACEBOOK**

Frenchay Foxes Community Choir, a ladies choir, has been going for 10 years and are back in September, doing what we do best; singing and laughing together at **Frenchay Village Hall, on Wednesdays, 1.00 to 3.00 pm.**

We sing all sorts of songs, and learn them step by step by ear, so there's no need to read music . We do occasional concerts, next on 6 November.

So if you're wondering if you'd enjoy having a go at singing in a friendly, supportive group, why not come along and have a free "taster" session to see what we're all about? You can make contact or ask any questions email to **fran@naturalvoice.net. Fran Bolton** (*teacher of the Frenchay Foxes*)



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Karen Whiles MCFHP MAFHP

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Minimum booking 2 hours

Frenchay

WI

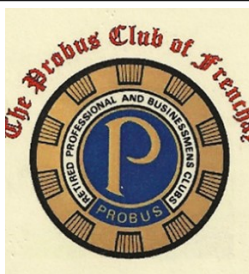
In line with the National Federation of WIs, Frenchay WI holds 11 meetings a year so, instead of a regular evening meeting in August, and at the time of writing, some of our members are looking forward to going for an Afternoon Tea - something that has become an annual outing for us

The speaker for our meeting in July, unfortunately, had to cancel due to the long travel time on what was to be the hottest day of the year. This being the case, the secretary quickly composed a quiz which all the members who braved the heat of the evening enjoyed, although it has to be said, many of us found the high temperature affected the speed at which our brains worked! Following this, we arranged what would be done with all the items members had contributed to a project suggested by one of our members - filling backpacks with goodies for children of Ukraine. Her car was filled to bursting with bags of donated items to be taken to the lady who would organise the preparation and distribution of the backpacks. In addition to this, the collection made at our Jubilee Afternoon Tea was sent to 'From Bristol with love for Ukraine' so that it could be used where it was needed.

In September we anticipate an interesting talk from Emma Britton who used to host the early morning show on Radio Bristol and who will be coming to tell us about her new career as a celebrant.



Any ladies who are interested in joining Frenchay WI are welcome to 'try us out' at our next meeting - all are held on the third Monday of the month at 7.30pm in Frenchay Village Hall. Further details can be obtained by emailing the secretary, Chris Davies, at frenchaywi@gmail.com or calling her on **0117 9568123**.



On the 24th August, the 'Summer Lunch' will have been held at the Bristol Golf Club at Cribbs Causeway, where there are wonderful views of the Severn estuary and of the two bridges.

On the 7th September there will be a Talk at Frenchay Village Hall to be given by Patrick Howell with the title 'Overland to Hong Kong', and on the 21st of the month, there will be an informal lunch at Shaftsbury Park.

Looking ahead, the Annual General Meeting will be held on the 5th October.

For anyone interested further, please contact through

frenchayprobus@outlook.com



Looking ahead to the New Season at 'The Dings'

Well, the first of our pre season 'friendlies' gave us a very salutary lesson, Being hammered by the famous Pontypool in front of a big crowd, many of whom had travelled over the bridge and added to the great atmosphere. 'Ponty' play in the Welsh championsip, a tier above us. In fact they have won the league for the last three years, but for some inexplicable reason the WRFU will not promote them to the Premiership.

Next up for us was equally famous Newport. Our coaching team, led by Stean Williams as director of rugby and assisted by Luke Arscott (backs) and new addition Harry Casson (forwards) want the club to try themselves against good opposition.

On the playing front we have several new faces at the club this year, and some of our more established players have left to try their skills in the higher echelons of the championship and league 1. They go with our blessing and we wish them all the very best as they pit themselves at a higher level.

So having had a tough pre season we gird up our loins for the new season with many new clubs to play as the league regions have been revamped. We are very fortunate with our opening fixtures as September involves very little travelling, allowing us to settle in. We want to emulate our tremendous second half of last season when we won 10 of the last 11 matches.

We open up the league with a home game against Luctonians, a side not new to us, but one we have not played recently. Our second game is also at home and gives us the first local derby of the season, this is Clifton, who we beat in the dying seconds of our last encounter at the tail end of last season. We then have our second local derby away to newly promoted Old Reds, a side that we have played for over 80 years. Our final game of the month is at home again against a side completely new to us – Bournville (where the chocolate is made). It will be very interesting to find out what these sides new to us have to offer.

Further fixtures take us to Leicester, Hinkley (Leicestershire) Loughbrough (university), Exeter students, Redruth, Newport (Shropshire), Weston, Barnstaple and Stourbridge. All the fixtures can be found on our website : www.pitchero.com/clubs/dingscrusadersrfc

Next month, October, we celebrate our 125th Anniversary with a celebration dinner on Saturday, 15th at the Marriot hotel.

On the facilities side we have now been granted planning permission for the erection of Floodlights on the main grass pitch, this will be a great addition to our playing and training opportunities.

All games kick off at 3.00 pm, and it would be great to welcome you to your local club to watch rugby at a very high level and of course enjoy the other facilities – food and drink!

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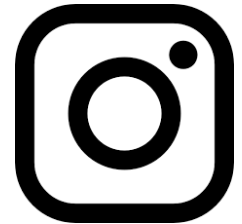
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DFTC Trip to the Eastbourne Tennis – Part 2

First Day by Lesley

The minibus collected eleven DFTC members from the Bristol Golf Centre at 9.30am. We chatted and laughed to our first comfort stop and then chatted and drank prosecco to the second stop where we had our packed lunches. We were having so much fun the driver had to remind us that there was still a long journey ahead so we laughed and chatted back onto the mini bus and all the way to Eastbourne in a haze of fun.

The hotel was central so once we'd checked in we headed for the beach. Some of us jumped on the open top bus tour and arrived at beautiful Beachy Head with its chalky cliffs and milky sea and the magnificent South Downs was a feast for the eyes.

We had our evening meal in a pre booked Italian Restaurant surrounded by famous tennis players and broadcasters. The following morning we met over breakfast and then walked to Rothesay International Tennis Championship. The joy and anticipation was palpable amongst our tennis club women. Famous athletes were warming up on the outside courts and we all beamed at one another as we arrived at our Centre Court seats in the bright sunshine, wearing the latest fashion in sun hats. Once we became overheated we hoped our seats would soon be in the shade. But when that happened we began to feel the cool sea breeze and re-established ourselves in sunnier seats before we turned to ice!

The tennis was outstanding and atmosphere very friendly and happy. The weather was beautiful, full of sea air and sunshine but we had dressed for hot summer days and often felt cold.

At the end of the day some of us went into lots of packed restaurants but were disappointed that we were turned away but eventually found an Italian Restaurant let us eat together. Again we laughed, chatted, and all agreed that we'd had a fun filled experience.



*Sometimes it's okay
just to stand and admire !*

Second Day by Helen It was great to be able to go to the tennis for a second day and wander round the outside courts and relax in the grounds. Watching the tennis being played on the outside courts means you can get up really close to the players and really see the awesome tennis, the speed of the shots, the speed of the players, the tactics and the atmosphere. Just standing there in the passageways between the courts means that famous players, or past players can just walk past you and you could have a chat but I was too shy to start up a conversation. Everyone was so friendly it should have been easy.

I tried to watch the players coming out or going in to the changing rooms but there was not much activity and so I wandered round and watched the players on the practice courts. I saw Garbine Muguruza play with Heather Watson; we had seen Garbine and her coach Conchita Martinez on the first night at the restaurant. Then I saw Serena Williams start to warm up with her doubles partner, Ons Jabeur. Serena was competing in the doubles at Eastbourne in preparation for her singles comeback at Wimbledon.

I sat on the grass with my coffee and lunch to watch the big screen and saw Ryan Peniston win his match on centre court and then we had to leave to come home. It was all very exciting and I would love to go again.

Begbrook Social Club, Frenchay Park Road BS16 1HY

Our two function rooms are available to hire and we are pleased to announce that we have resumed our entertainment program .

This includes Weekly Sunday Night Bingo and an Entertainer , our very popular Tuesday Night Karaoke, and a Saturday Night singer .

Our facilities have been updated with several big screens for sporting events . Any enquiries please call Val on **07970266924**

Running – a family affair

Run leader Julie shares her running story and talks about how her participation in the sport has inspired 3 generations of her family to take part.

“I started running when our local ladies running club started up as a bit of a joke, really not expecting to continue for long but things changed, and I realised that I could run. My first running event was the Frenchay 10k and the support I received was amazing. After a few years I became a run leader and I now really enjoy helping ladies in the group to achieve their running goals. This also helps to keep me focused because of my commitment to the club.

My son-in-law, Andrew, followed by my daughter Kelly, then my husband Martin and my daughter-in-law Claire all started running. Occasionally my son, Kevin will also give it a go!

My 4 grandchildren, Olivia, Oscar, Dillan and Darcey have all completed junior park runs, so the running bug has really had an impact on my family. My best achievement was running the



London Marathon in 2017. As you can see from the photo, my family all travelled to support me, and some got inspired to run it as well - Martin ran it in 2018, Andrew 2019 and Kelly 2021. So, running really has had a positive effect on my family with 3 generations sometimes taking part in organized running sessions held by Just Run Frenchay.

I think it is always good to have something to aim for and my next event will be the Brighton Marathon in April next year. I really must thank Jess of Just Run for all her hard work and commitment to running the club. Without her I probably would never have started running. The running club is very supportive across run leaders and runners. We aren't super competitive (although some might be secretly!) so if you are out there and looking for motivation to start or take up running again, come along and join in, you never know who may be inspired to follow in your footsteps!”

For more info about Just Run, our local community ladies running club, or to sign up for our next Couch to 5k and 5 to 10k courses which start on 12th September, contact info@justrun.uk.

Frenchay Cricket Club News

As this is written, the Club as a whole looks in good shape. The Seniors are in good form, the Youth has waiting lists at most age groups, and that with already having one of the largest youth systems around, ranging from 5 years up to 18s.

For 'Saturdays', the 1st XI have its destiny is in our own hands, the 2nds and 3rds are challenging near the top, with the 4ths already having secured promotion. And the 5ths continue to get experience for those young players, with the clear intention of entering the side into the League in 2023. The young new Womens 1st XI are riding high in the Glos Senior Division, as are the 'midweek' Womens Hardball XI, while the Womens Softball side reached 'County Finals Day'. The Senior side has the prospect of 'Silverware', as they are through to the Gloucestershire County Trophy Final, where they take on Langford from the County League. At youth level, the Girls' U11s, U13s and U15s are all through to their respective 'County Finals Days'.

One outstanding performance for the history books. Sixteen year old Liv Daniels entered the Bristol and District League Record Books, being the first female to score a hundred in the League, as she scored 112 not out for the 4ths in their match against Chipping Sodbury. As a sequel showing her all round talent, Liv followed this up a week later, having been promoted to the 3rds, by taking 4 – 13 with her Off Spin, helping to secure the win over Midsomer Norton Methodists.

Off the pitch, September sees the continuation of our ambitious "Wickets Improvement Project", with 3 Wickets on the Main Square being upgraded by Contractors, using finance kindly provided by Sth Glos Council through the S106 Frenchay Hospital development.



Esmé's Article - 'Soup'

What a wide subject ! I have a large book called 'The Soup Bible' which has 200 recipes. I eat soup almost daily. Why? I have lost my appetite and also have difficulty in swallowing. I cook a meal almost every lunchtime, but sometimes cannot eat it. I tip it into my food processor and add juice before spinning it into soup. I make the juice using vegetable stock cubes stirred into wine. Usually I sprinkle chopped parsley over the finished dish.

Many of my French friends adore soup, with onion being their top favourite. Often big towns have soup kitchens. We sometimes sat outside the one in Marseille which is on the harbourside. We enjoyed the soup, while watching the luxury liners coming and going

If I have visitors and serve soup as a starter, I never put croutons into it , as some people do not like them. I make them and put them into little bowls so that visitors can help themselves. Croutons need to be fairly small. You can use cooked potato, bread, or little cubes of cooked vegetables - just combine colour and flavour. Beetroot is often used in France. Cooks in a hurry sometimes offer crisps ! On a cream soup, they add interest On a dark soup you can swirl double cream into a flower shape and add a bright crouton in the centre..

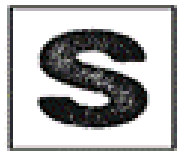
If you have made too much soup, a mug-full at bedtime is a good night-cap !

Happy 'Souping' ! ***Esmé***

In a previous recent article by Esmé, she encouraged people to 'write a poem' !
So here is a worthy response to that suggestion :

Owed to the taxman *by Alan Jenner*

I write my tax records on cold winter nights
I list my expenses to pay for the lights!
I've not done much ministry. (I've had covid fears)
So my ministry income's two years in arrears.
I could put some prices up (or get on the road)
But I've had prostate cancer so must lighten the load
The warm summer weather aids recuperation
Leave until January the superannuation!



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Downend & Frenchay Tennis Club

(located in the grounds of Frenchay Cricket Club, next to the Golf Centre)

All ages and abilities are very welcome and we have tennis courses available for complete adult or junior beginners, up to performance and national league level.

LTA accredited coaches offer individual or group coaching. The courts are all weather floodlit for use all the year round.

Special Offer:

LTA special offer for juniors (Youth Start) £34.99 course of six group sessions, free racket, T-shirt, ball set.

Adults: Special deal for Over 50s six sessions £15

Complete Beginners welcomed, no previous experience needed!

To find out more: www.downendandfrenchay.co.uk

E-mail: info@downendandfrenchay.co.uk

Tel: 07928 349154



News from Downend Library

Summer Reading Challenge : *Gadgeteers* – this summer's six book challenge runs until 10th September, so still plenty of time for children to finish and get their medal, certificate and loads of other goodies!

bit.ly/srcGadgeteers, [#HAF2022](#) [#libraries](#) [#Gadgeteers](#) The Reading Agency [#SummerReadingChallenge](#)

- Rhyme Time – our free pre-school Rhyme Times takes place at 9.30am on Wednesdays throughout the year. No booking required, just a willingness to sing a few nursery rhymes and bang the odd drum!

Free Reservations – did you know that it is now free to reserve books so you can choose from over 2 million different books on our catalogue www.librarieswest.org.uk and collect them from Downend library at no charge.

Do you or someone you know need help to get online? Would you like to learn more about what you can do online? Our Digital Champion can help. They run FREE 1;1 support at Downend Library. For more information or to book a session with them either ask library staff on site or phone/leave a message on 01454 865022 (10am – 4pm weekdays). If you are looking for a more structured computer course then SGS College run these at Downend Library on Tuesdays in term time.

For more information about the course and to sign up call Cindy Corbett at SGS on 0117 9092296.

Doing some winter pruning but don't have a green bin or compost bin? You can purchase single use Green Waste bags, which can left out on your recycling day, at Downend library at £2.50 each.

Helping with Frenchay Community News ?

Could you help with the distribution of Frenchay Community News by volunteering as a reserve distributor as back-up in the event of someone being unable to carry out their section of the distribution.? If so, or to discuss it further, please ring Vic Smith on 07805 313401.. Or if you would like to get involved with FCN in any other capacity, please use the contact details appearing on page 1.