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The Fall is well-known as the term used in the USA for what we call Autumn, and while it applies to the months of September through to November, it focuses on the latter stage of the season.

American singer /songwriter Carrie Newcomer tunefully and reflectively writes of it as part of the 'circle of life' as follows :

***“Leaves don't drop, they just let go,
And make a space for seeds to grow
And every season brings a change
A tree is what a seed contains,
To die and live is life's refrain. “***

Frenchay Community News

Articles and items of news are welcomed by the editorial committee, to be sent to :

frenchaycommunitynews@gmail.com or, if posted or hand-delivered, to

31 Wadham Drive, Frenchay, Bristol BS16 1PF

The deadline for the December 2021 edition is 12 noon on the 13th November

To advertise (see the rates on the inside back cover) please contact :

kate1.davison@gmail.com

Frenchay Residents Association (FRA) Report No. 84

Dear Friends and Neighbours,

As I write this month's piece at the start of October for November's magazine we have suddenly seen the autumn weather start to 'catch up' as the beautifully warm and sunny September disappears in a flash.

This year the **Downend Round Table fireworks** extravaganza is set to resume on **Friday 5th November** after a year with no display, it will be great to see families enjoying the display in the cold crisp night air again.

Interestingly, as the old hospital site celebrates its centenary of healthcare in that location, Headway and Headway House specifically benefitted from charity funds raised over two years of DRT firework events. Those funds got them through their large target so that the facility could be established alongside the old hospital. The BIRU facility continues the outstanding treatment and care for brain injuries and we await news on the remainder of the healthcare facilities promised to us in that location as part of the redevelopment.

Carols on the Common & Christmas Windows

We were unable to hold the carol concert by Becks Pool last Christmas because of lockdown, although consideration was given to holding this on the common outside the church where space and fresh air was easy to find.

This year the plan is to hold a carol service on the common opposite Frenchay Parish Church on **Monday 20th December**, specific details will be circulated nearer to Christmas.

We hope that this can go ahead safely on the assumption that we can continue to gather in crowds as winter sets in.

This Christmas FRA plans to organise and facilitate a 'Christmas Window' decoration and walk around route, with prizes for the most popular displays. Full details and instructions will be provided for everyone interested to participate.

Wild Flower and 'No Mow' projects.

Planning for the next 12 months is well underway and has benefited from careful collaboration by all parties involved. This has enabled Winterbourne Parish Council to provide clear instructions to the contractors looking after Frenchay Park Lands through our Frenchay Parish Councillors and many grants and collaborative projects are planned for the current area and the soon to be adopted voluntary village green and nature reserve.

The SGC declared 'climate emergency' has led to additional expertise and resources being available to us, which will be very welcomed. We will also need teams of volunteers from residents, so prepare to join us in getting muddy and working hard together on several exciting projects. We have had requests from some residents to suggest planting schemes for their gardens and many offers to help us grow wild flower plugs from seed.

In addition to the nature reserve pond restoration project we also hope to have planting schemes alongside the new footpath route to school next to the allotments. The North Bristol Healthcare Trust with the NHS environmental resource team have agreed to set out a plan for fruit trees along the pathway as part of the Queen's Platinum Jubilee 'Canopy' tree planting initiative in 2022.

We will also arrange shortly for a new flowering cherry tree to replace the one vandalised next to the play area, this was planted in memorial for Zoe who was a child heart patient who sadly died. We have been able to fulfil the family's wishes thanks to some great assistance from Alan Freke.

We also have had further interest in students wanting to complete their DofE bronze with community service, following the successful wild flower project on Frenchay Hill. We can provide more and different tasks, one student with her Mum has just taken on delivery of this magazine in the main road through Frenchay Park.

Through an initiative with Rotary International we will shortly have over 2,000 purple crocuses to plant, so plenty of opportunity for more DofE community service credits. The 'rubbish walks' are also continuing, thank you to those residents involved.

Speedwatch

One of the current team has volunteered to manage speedwatch sessions now that Ian Potter has moved away, but any additional volunteers would be most welcome. The training is not onerous and is completed online. Speeding is a problem, for example, 44% of motorists monitored going through Frenchay Common were speeding, which is a staggering proportion. Bristol Road is not far behind that. Thank you to everyone involved, it really is making our roads safer.

Graffiti and TAGS

We have some budding artists who have been busy in a few locations recently, the bus stop at the entrance to Frenchay Park was targeted recently, all in lovely blue.

Several residents reported this and SGC Street Care acted very promptly and professionally. You can report these incidents online in addition to the usual channels, here is the link; www.southglos.gov.uk/general-information/online-services/report/

Let us just hope that the dark winter nights discourage our 'Banksie' apprentices.

FRA Membership

Our recent activities, like the picnic afternoon, have encouraged many new volunteers and members who have signed up to our information and support database. If you are not a member of FRA, but would like to be, please contact us for a consent form; email adriancollins1958@gmail.com

By registering formally with FRA, you give your consent to our emailing you with updates about what is happening within our community. This is in addition to our monthly update in Frenchay Community News.

A reminder also that the **New Residents' Welcome Pack** created for the new dwellings in Frenchay Park are available for all new residents. So, if you or one of your neighbours are moving, you can request one from any FRA committee member.

Stay safe and well everyone, thank you for your continued support and engagement.

Adrian Collins (Chair - FRA)



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FRENCHAY PRESERVATION SOCIETY (FPS)

Annual Report for 2021

Following on from the notice in last month's edition that the AGM has been postponed because of on-going concerns about 'Covid' and potentially crowded indoor meetings, here is my report.

Winterbourne Parish Council (WPC) has considered the usual range of planning applications – from tree works through extensions & alterations, increasing in scale right up to the final phase of the hospital redevelopment, known as "Phase 3B", which has a 'P17...' (ie; 2017) reference number. This phase is at the eastern end of the Lime Tree Avenue around the quarter circle of Public Open Space, facing towards Frenchay Park House & the Old Stables, with a number of sensitive conservation issues. Although the Parish Council is a 'statutory consultee', the final decisions on appearance etc., will be made by South Glos Council as the planning authority after several years of design development with Redrow.

On the other side of Lime Tree Avenue is the main area of 'Voluntary Village Green' which also wraps around the eastern end of the new development, past the new school site & nature reserve and back along the southern edge of Malmains Drive towards Tanners Court. There have been several cordial liaison meetings between North Bristol (Health) Trust and WPC during 2021; it is hoped that the next meeting (later this autumn) will set a date for final handover, with all outstanding legal issues finally resolved and 'Frenchay Parklands' secured for ever...

Meanwhile, at the western end of Lime Tree Avenue, the Museum is still exploring further options for an extension and how the setting of 'West Lodge' will change with highway alterations & 'improvements' from the mini-roundabout to serve the car park and Frenchay Beckspool Building.

Traffic Calming along Beckspool Road is still on the radar and the four Frenchay members on WPC were recently able to offer some comments to our South Glos Councillor Ben Burton on final details near the Unitarian Chapel.

The close working relationship with Frenchay Residents Association has continued to develop during 2020-21 and much of the 'heavy lifting' previous done by FPS is now in the very capable hands of Adrian Collins and his team. We are currently exploring the idea of a joint meeting next spring when 'covid' concerns are hopefully settling down into some kind of longer-term perspective.

Hugh Whatley (Chair – FPS).

Life in Frenchay Primary

In Gruffalo Class we have been looking at the story of The Gigantic Turnip (an alternative version to the traditional Enormous Turnip). The children have enjoyed making their own masks and retelling the story through drama. During our last performance, the gigantic turnip required the whole class to pull, heave, tug and yank before it came out with a huge pop and we all fell on the ground laughing

To start our topic 'Invaders or Explorers' we have been writing secret messages in Anglo Saxon runes and this week we joined Griffin Class and an Anglo Saxon visitor for a day of learning. Our visitor brought lots of artefacts for us to look at and filled our heads to the brim with information about Anglo Saxon life. Our favourite part was learning about all of the different weapons the Anglo Saxons used when they arrived in Britain. We hope you enjoy looking at our pictures on seesaw.

During the last few assemblies the children have listened carefully to the older children give speeches for different roles in the school. We have ended our week by voting for our class School Councillors and Eco-Squad members.



The adults in class were blown away by the number of volunteers for each role and were even more impressed by the confident speeches that the children gave.

They should all be incredibly proud of themselves and if it were up to the adults they would have all been voted into the roles.

The class voted for two children for each role. Well done to Freya and Alfie as our Gruffalo School Councillors and to Maxi and Iris as our Eco-Squad members.

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FRENCHAY CENSUS 1881

Every 10 years the government has a census which, in theory, lists every person in the country together with some details about them. This month we are going to look at the 1881 census entry for Frenchay Park, the former Trust headquarters.

Mr. William Tanner lived there with his 4 adult children. He was a 78 year old widower and his income came from 'land and houses'. His son William was a barrister at law and Arthur was a solicitor. His daughters, Ellen and Florence, had no occupation. He had not always lived there. In the 1871 census he was living in Cedar Hall.

Also living in the houses were servants :-

William Allum, 42, Butler

Jane Nicholls, 17, kitchen maid

Thomas Shepherd, 17, groom

Thomas Brooks, 18, Footman

Ann Bruce, 26, laundrymaid

Celina Baker, 39, housemaid

Kate Tucker, 25, ladies' maid

Ethel Bray, 18, under housemaid



The lodge, which is the present museum, was occupied by James Packer, coachman and general servant – a total of 9 servants to look after 5 adults. There were probably other servants who came in daily.

James Packer lived in the lodge with his wife Louisa. They had 7 children including Francis, who later went to Hollywood, changed his name to Nigel de Broulier, and appeared in 139 films. You can see information about him in Frenchay Village Museum.

William Tanner senior died in 1887 and by 1891 his son aged 46 was living there with his 22 year old wife, a daughter, and 13 servants.

Councillor Ben Burton on 'Reporting Issues or Concerns'

We thought it would be helpful to provide some guidance in relation to the most common issues that are raised by residents. We are always happy to help and to advise how to best contact the appropriate department at South Gloucestershire Council. However, there is a move to give residents greater access to Council services online and to receive notifications when reports/jobs are complete.

We have set out below some of the most common enquiries by residents. The links included in each section provide some practical guidance in relation to each issue and this will include an online form to notify the appropriate department.

Graffiti

There have been some instances of graffiti being reported in and around Frenchay. Please report any new graffiti using the following form:

<https://my.southglos.gov.uk/ServicePage.aspx?servicePath=>

Missed Bin Collections

We are aware that on occasions the waste crews are unable to complete their rounds. If your bin has been presented and missed on a normal collection day then please report it using this form:

<https://beta.southglos.gov.uk/report-a-missed-waste-or-recycling-collection/>

Please note that as a result of the national HGV driver shortage, in some areas waste is being 'comingled' when collected at the kerbside (i.e. all the recycling put together). Please be assured that it is still being separated and recycled once it is returned to the Depot and we hope the full service will resume shortly

Planning Enforcement

If you have concerns that a property has been constructed without planning permission or any other planning enforcement matter then please report it using the form below. Please note this is a confidential service and your details will not be disclosed to third parties:

<https://beta.southglos.gov.uk/check-report-planning-breach/>

Potholes

Residents are now able to report potholes directly to Streetcare and they are more accurately reported by using integrated maps to identify the location. As part of the new service, residents will be informed when the pothole has been repaired. We hope this will provide reassurance to residents that matters are inspected and dealt with appropriately.

<https://beta.southglos.gov.uk/report-a-pothole-damaged-road-footpath-or-cycleway>

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FRENCHAY CHRISTMAS TREE FARM
Old Gloucester Road, Frenchay, BS16 1QW

Frenchay Christmas Tree Farm Early Bird Weekend November 5th–7th.

We invite all our customers to a special ‘early bird’ weekend, where you can reserve a tree ahead of the Christmas rush, ready for later pick up or delivery.

Last autumn, in the run-up to Christmas, there was great uncertainty as to what was going to happen with regards to lockdown. Would shops be allowed to remain open? And if so, which ones? Would the schools be open? Would we be allowed out of our homes and to celebrate Christmas together!?

So, in response to all these concerns, we decided to open ridiculously early, announcing our intentions on social media and throwing our gate open on November 2nd, just in case lockdown brought us to an early close. At least this way, we reasoned, we would be able to deliver trees to people who had pre-ordered.

We called it our “Hallowe’en Christmas”, and it was a big success. A lot of our local customers walked over to our farm, often with family in tow (although we did try to advise against this), and treated the whole thing as a chance to get out in the fresh air, stretch their legs, and have a bit of seasonal fun. We really enjoyed seeing everyone too. It was a bit of a hoot.

So let’s do it again this year! **We will be open from Friday 5th November until Sunday 7th November, 10am to 4pm** each of the three days. You’ll need to bring outdoor gear, a good pair of walking boots or wellies, and lots of things to decorate or personalise your tree with so you know it’s yours. We will also give you a tag to tie to your tree with your name on. We won’t be asking for payment up front, but will need to take your name, address and phone number before you go – particularly if you are asking for delivery. *Note that we will not be cutting trees this weekend (it’s far too early), it’s pre-orders only.*

After the Early Bird Weekend, we will be closed until our official opening date of Saturday 20th November. From then on, we’ll be open every day 9am to 5pm, up until Christmas Eve lunchtime. Any updates will be announced on our website, or via Instagram, Twitter (@FarmXmas) or Facebook.

With Frenchay Christmas Tree Farm on your doorstep, you don’t have to worry about Christmas tree shortages. It’s all here, including stands and wreaths, and we look forward to seeing you soon.

from Simon and Peter Maughan

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www.frenchaychristmastreefarm.co.uk

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CHURCH CALENDAR FOR NOVEMBER 2021

All Sunday services are now being held in church

Commencing at 10.30am

7 November	All Age Worship
14 November	Remembrance Sunday Service followed by short Holy Communion
21 November	Morning Worship
28 November	Advent Carol Service followed by short Holy Communion

Commencing at 6.00pm

7 November	Holy Communion (BCP)
14 November	Evening Prayer
21 November	Evening Prayer
28 November	Evening Prayer

It is not compulsory to wear face coverings (masks) in church but please do so if you wish. Sanitisation is still available.

We would like to welcome as many people as possible

Every Wednesday

8.00pm Prayer Meeting on Zoom

For updated information, please refer to the Church Facebook and website www.frenchaychurch.org.uk and notices outside the church, on other notice boards in Frenchay and as kindly included through the Frenchay Residents Association.

If you would like to be on the church mailing list each week, please advise the Parish Secretary parishsecretary@frenchaychurch.org.uk

Spire Lighting

10th October - Happy heavenly Birthday Poppy Tyler

Love from the whole family. Xx

17th October - Happy heavenly Birthday Cassie Tyler.

Look after Poppy for us. Love from the whole family. Xx



For requests (cost £10) please contact : churchwardens@frenchaychurch.org.uk

Our Lay Minister writes :

At a meeting recently I heard the statement that ‘The Church of England is grounded in historical continuity’. It made me think. For over four hundred years there have been various differences of opinion, different rules, different relationships between state and church, around slavery, around divorce, around whether women could become priests – and all have eventually been resolved.



The last two years have brought challenges and difficulties we could not have anticipated and I do not wish to underestimate these. Yet they have also brought people and groups closer together, helping one another through difficult times. Closing our church was sad but helped us look beyond the building, to what it means to be a Christian, how to reach out in new ways.

Bristol Diocese has been working with thousands of people both within and outside the church, looking at ‘Transforming Church. Together’. God’s love is for all people and also for the rest of creation. This forms the basis of the Vision now being shared: *Humanity reconciled, creation restored.*

It defines our purpose as Christians: *To follow Jesus. To serve others. To transform communities.* And those purposes underpin our values: being open and loving to all, valuing generosity, valuing creativity as we cooperate with the work of the Holy Spirit, and being courageous with our voices and our actions.

Since early 2020 we have seen so many great examples of people in Frenchay being open to people they might not have met had things been ‘normal’, being generous in the ways they have helped others. The church and others have had to be creative, finding new ways of doing things, rapidly learning how to use Zoom, YouTube and other media – and in so doing reaching people previously invisible, perhaps because housebound or living further away. At the same time there has been growing awareness of climate change and the need to work to protect the wonders of creation.

I pray that we will continue to work together, to serve others, to transform our community, and – perhaps more difficult – to be open and loving to all.

Kate Davison

The Story Behind the Hymn : ‘ Put peace into each other's hands ‘

The writer, Fred Kaan, was born in Haarlem in the Netherlands in 1929. He lived through the Nazi occupation during the Second World War, saw three of his grandparents die of starvation in 1945, and witnessed his parents' involvement in the resistance movement. He became a pacifist and began attending church in his teens.

He studied theology and psychology at Utrecht University. Through a pen-friend he became interested in English Congregationalism (later the United Reformed Church), and attended Western College in Bristol becoming ordained as a Congregational Minister in 1955. His first appointment was in Barry, South Wales. In 1963 he became minister of the Pilgrim Church in Plymouth. It was here that he started writing hymns, publishing *Pilgrim Praise* in 1968.

He was sent to Geneva in 1968 as minister-secretary of the International Congregational Council to help it unite with the Presbyterian Alliance to form the World Alliance of Reformed Churches. Later he became Moderator of the West Midlands province of the United Reformed Church. His final ministry was on the local team of Anglican, Baptist, Methodist, and United Reformed Churches in Swindon, ending in 1989. In retirement, he moved to the Lake District, and in 2009, died in Penrith of Alzheimer's Disease and cancer.

The tune is a traditional Irish melody entitled “St Columba” after the Irish monk who founded a monastery on the Scottish island of Iona.

Dr Judith Langfield

Advent Carols

Sunday 28 November 10.30a.m.

Advent Sunday marks the start of the Church year and as we look forward to the coming of Christ we invite you to join us in a service of readings and seasonal carols.

Whilst we expect that everybody will be able to join in and enjoy being able to sing, we will observe safety precautions.

Some December dates for your diary:

Sunday 5th 10.30 Christingle Service;

Sunday 19th 6.00 Carols by Candlelight;

Friday 24th 4.00 Crib Service;

Christmas Eve 11.30pm Midnight Mass;

Christmas Day 10.00 Christmas Service

MISCELLANEOUS COMMUNITY NOTICES

COMMUNITY WORK MORNING FRENCHAY PARISH CHURCHYARD

Will you join us on Saturday 30 October 2021 to help tidy up the church graveyard ?

A community work morning is planned from 9 30am to 12 30pm. We have recently had a major clearance of the overgrown areas allowing safe access to the graves but there is still much tidying up to do. On the basis that many hands would make that job so much easier and successful, we are inviting volunteers to join us. Tea and coffee will be available any time during the morning and at 12 30pm, volunteers will be invited to enjoy a Ploughman's Lunch. To cater, we will need you to sign up in advance please. All names to Sylvia Perry. : churchwardens@frenchaychurch.org.uk

Frenchay Chapel : Memorial Plaque for Dedications—an open invitation

Frenchay Chapel are inviting short dedications to be engraved on a plaque to be erected inside the chapel. The plaque will hold sixteen dedications one for each window pane. This is to be our final plaque for our last window and your dedication can take any form you wish. We have happy events remembered and memories of those we have loved and lost. You are welcome to come and look at the plaques we already have in place. Please contact Diane Roberts for further information at dianesroberts@outlook.com

News from Downend Library

Computer Support Need some help using your laptop, tablet or smartphone? Our friendly Digital Champion is back to help out. You can book a FREE session with him at Downend Library by calling 01454 865022 or emailing downend.library@southglos.gov.uk or asking staff for details

Downend Library also hosts longer Computer courses which are run by SGS College. Topics covered include:

- Understanding emails & attachments
- Searching the internet,
- How to do on line shopping safely and how to compare deals on line.
- How to have Video chat with family and friends

For more information on these FREE courses please phone 0117 9092296 or email cindy.corbett@sgscol.ac.uk

We also run FREE **Rhyme Time** sessions on Wednesdays at 9.30am for pre-school children (and their parents of course). Places are currently limited but can easily be booked by emailing downend.library@southglos.gov.uk or asking staff for details. And if you haven't had your child's free Bookstart pack yet we can help with that too.

BPW (UK) APPOINTS A NEW NATIONAL PRESIDENT

The Business and Professional Women ('BPW') is an international organisation set up to promote women's equality and achievement in business, professional and public life. It was started in 1938, and has national groups in over 100 countries, lobbying at its highest level in the UN, the European Parliament, in national governments, and elsewhere. Its agenda certainly has a forceful momentum at present worldwide, and it aspires to accelerate its influence towards these objectives.

So why is it featured particularly in FCN ?



The answer lies in the fact that not only has a woman from Frenchay, Jo Kinsey, pictured above, recently been elected as the new National President of BPW UK, but also on account of the previous leadership positions held by another local woman with strong Frenchay connections, as referred to further below.

Jo and her team plan to put the spotlight on current issues needing attention and action, including education, employment, all areas of health, gender-based violence, and sustainable development. Representations have recently been submitted for the pending COP26 UN Climate Change Conference.

Jo said: " I strongly believe that BPW UK still has a great deal of work to do in ensuring true equality for all women. Please come and join us as we try to ensure that the British and all governments worldwide 'build back better' with true equality of opportunity and sustainable economic and social justice at the heart of all their policies. "

For more information on the organisation itself and how to go about exploring whether or not you might want to get involved personally, please visit the website :

www.bpwuk.co.uk or email to express your interest to : **hq@bpwuk.org.uk**

"Jo Kinsey is the second Bristol member to take the lead in BPW, the National President in 1989 - 91 being Sylvia Perry from Downend who later went on to be elected the BPW European Coordinator and finally the International President.

In her 50 year membership, Sylvia has undertaken many roles, authored books and been honoured with the organisation's two highest awards, and she still makes a valuable contribution locally, nationally, and internationally. She is also a very well known figure in Frenchay, as a long-time member of Frenchay Parish Church, including several years as a very energetic Churchwarden. She also still serves as a Trustee for Arab International Women's Forum, and for BRACE Alzheimers .

Alan Eadon / Organising Evacuation

Back in the summer, we all saw the television pictures of the evacuation by aircraft of civilians from Afghanistan. But this was not the first time such an evacuation had been attempted - the first was almost 80 years ago, and it was organised by a man born locally.

In December 1941, what the newspapers of the day called, "History's First Big Air Evacuation Of A Civil Population", began when the Japanese invaded Burma. The whole air evacuation operation was conceived and directed by the Director of Civil Aviation, Burma, Alan Eden Eadon.

Eadon was born in 1898 in "Elleray" Beckspool Road, and when he died in 1973 he was buried in the Eadon family grave in Frenchay Churchyard. He had an eventful private life, and a very active professional life. He was a fighter pilot in WWI, then in 1923 he was the founding principal of the de Havilland Aeronautical Technical College, before moving to India as Deputy Director of Civil Aviation. In India he also founded another Aeronautical Technical College there, before being appointed Director of Civil Aviation Burma.

It was in this role that he organised the air evacuation. He leased American aircraft and Chinese pilots, and around 10,000 civilians were evacuated to India. Considering the small size of aircraft of the time, this was an amazing achievement.

In 2019 we published a book about his life and achievements, "East with Eadon". However, we were recently contacted by his nephew, and a great grandson, who have both supplied lots of new information, and significantly, many family photographs.

This has led to a second edition of "East With Eadon" being produced, and copies are now available in the museum.

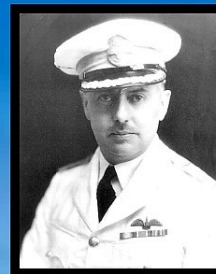
Alan Freke, p.p. Frenchay Museum



Frenchay Village Museum

Chronicles No. 18

East with Eadon 2nd Edition



East with
Eadon

SECOND
EDITION



Born in Hambrook, Alan Eadon was a fighter pilot in WWI stationed in Lincolnshire, where he met and married Letitia Brockson. His aviation career later took them to India, and then Burma, where they made aviation history in WWII.

November Gardening

Although the days are shorter there are still jobs to be done in the garden.

Having emptied the containers of summer plants its fun to just go to the garden centre with no preconceived ideas and find some plants at random to make a beautiful display to take you through to spring and perhaps under plant with crocus and small daffodils to give an early splash of colour when spring starts. Another idea for a container is to plant tulip bulb, daffodil and crocus bulbs in layers and then finish the planting with winter pansies and then feed in a few winter pansies into the flower beds to carry the colour through the garden. To stop any containers getting waterlogged raise them on feet that can be bought in the garden centre or find some flat stones. The bulbs will give a succession of joy in the first months of spring. Keep sweeping up leaves especially from lawns and ponds, cut off any leggy stems from roses that will catch the wind and keep deadheading if the frosts have not arrived.

The most important job is to feed the birds and hedgehogs if they can access your garden. Our wildlife needs all the help it can get.

Enjoy the beauty of the autumn and perhaps start planning new ideas for your garden in 2022.

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Frenchay Cricket Club End of Season Report

The official end to the season for Frenchay Cricket Club arrived last week, as Dings rugby club hosted a dinner to celebrate the season and reward the players and everyone else involved at the club for their efforts during tough times last year. The senior awards also took place during the dinner and to start the list of winners off, is Eddie Williams who won Cricketer of the Year. Eddie contributed with a fantastic effort, scoring 240 runs and taking 19 wickets in his first full season as captain.

Young Cricketer of the Year was awarded to Tim Dobinson, who took 45 wickets at an average of 16.96 during his breakthrough season. Tim represented the first and second team last season with bowling figures of 3/29 against League Champions, Bedminster. Tim also played a crucial role in the U17 team that finished runners up in the David Allen U17 Knock Out Cup.

Adrian and Lis Dobinson were named joint winners of the Clubman of the Year award. Both Adrian and Lis have contributed immensely off the pitch this year, with Adrian organising the youth section and scoring for both the first and the second team. Adrian was the main person behind the purchase of a brand-new scoreboard at Frenchay, which will be in use next season. Lis on the other hand has started scoring this season, and has covered games in which Adrian couldn't attend. She is willing to help out wherever asked, and the club are immensely grateful for her and Adrian's help.

We recently lost a great servant at the club, Dave March. Dave joined Frenchay in the mid-80s, and was a huge part of the Saturday 3rd and Sunday 2nd teams, captaining both on many occasions. After his retirement, Dave took responsibility for cutting both outfielders, as well as coaching the U17 team, with several generations of players benefitting from his knowledge, experience and enthusiasm.



And now at Shaftsbury Park.....a WORLD CHAMPION !

The September edition of FCN featured Jasmine Joyce , a star rugby player with both the GB Olympic Women's Sevens team and with the Bristol Bears Women, who play at Shaftsbury Park. She recently represented GB in the Women's World Rugby Sevens Series in Canada, where they emerged as Champions. Jasmine scored a hat-trick of tries in a title-clinching win over the USA, and really enjoyed the experience, saying :” We have had so much fun, and literally every one of us is living the dream. “

Meanwhile, the Bristol Bears Women have made an excellent start to the Allianz Premier XV's, winning their first five matches, including an Away win at current Champions Harlequins.

Swedish Apple Cake

250 gm flour
2 tsp baking powder
1tsp cinnamon
3 Bramley apples, peeled and cored
150 gm golden caster sugar
150 gm melted butter
3 eggs, beaten
Topping – 1 tbsp honey and ¼ tsp cinnamon



This is a dessert to serve 8 - 12 people and is yummy served warm with some cream or just as a slice with your tea.

Preheat the oven to 180 c, gas mark 4. Grease and base line a 23 cm round loose bottomed tin with baking parchment.

Sift the flour, baking powder and 1 tsp cinnamon into a large bowl and stir in the sugar. Cut 2 apples into 1 cm dice and add to the flour. Mix in the melted butter and then the eggs. Spoon into the tin.

Slice the remaining apple and arrange on the top of the cake and bake for 50-55 minutes until golden and cooked throughout.

Whilst still warm, mix the honey with the remaining cinnamon and brush over the top of the cake. Allow to cool before removing from the tin.

From White Chimneys Kitchen

The Tidy Cook

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Just Run Frenchay

Why do we run? For some it's for health benefits, for others it's more about setting an intention or goal and then achieving it. Achievements can be very personal or shared.

At Just Run Frenchay we love to hear about and celebrate our members' running achievements, no matter how small or grand. These can be making it back to club after a long absence, completing one of our courses or going on to participate in the local park run, an organized 10KM run or even running a marathon.

We wanted to share the recent achievements of 2 of our members.

Alice joined the club having set herself the challenge of running 10km as part of the Duke of Edinburgh's Gold Award. She has been a committed regular at our Monday club nights and Friday Interval sessions, working hard at every session all year round. We were so proud to be able to present her with her finishing 10km medal a few weeks ago. It has been a real pleasure having her at the club and we are pleased that she still comes along after having finished her challenge!

Anna has been a member of the club for some years now. However, in the last year, she has completely transformed her running. She is becoming super speedy and easily completed our 5-10k course earlier in the year. Despite being mum to three busy children, she comes most weeks to both sessions and is one of our most committed members. For that reason, Anna was awarded the newly reinstated **Just Run Member of the Month** and is pictured receiving her trophy.

Well done Alice, Anna and to all those achieving their personal running goals.

For more information about Just Run Frenchay contact Jessie at info@justrun.uk





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Please also visit our web site at **www.frenchayvillagehall.co.uk** where you will find a list of our charges and details of all regular activities that are held at the hall which may be of interest.

Available for hire for the following:

Meetings for clubs

Community activities

Private parties

Weddings

Fundraising events

Tales from the Tennis Court : A member of Downend and Frenchay Tennis Club tells the story of her personal journey onto the courts

October, November, and December are thrilling times for adult tennis. The big dramatic skies over the tennis courts, the sun sets. The cold refreshing breeze on our hot faces. The occasional gust of wind that makes the balls fly as fast as Emma Raducanu's best! A delicious time to be outside playing tennis with good people.

I started playing tennis at the Downend and Frenchay Tennis Club in 2019. As an office worker, new to Bristol, in my forties, I was following self-help guides to join a minimum of 2 clubs, to build up my sense of belonging to Frenchay, improve my mental health and get fit. I chose Tennis and singing in a choir. With the global Pandemic, the choir stopped, but Tennis kept going and my enjoyment and love of the sport increased.

In 2019 I was a complete beginner. I'd not played tennis at school. I didn't go to the gym. My only exercise was walking at the weekends and occasionally dancing at the pub with friends. My ability to catch a ball, let alone hit a ball with a racquet was non-existent.

I remember when I joined, everyone was very kind, but I was embarrassed by my lack of any natural skill or ability. I discovered other beginners hadn't played tennis for decades or had only played at school.

It was Chris, the coach, and the laughter and fun from my fellow beginners that made that first hour of tennis fun. It felt like 10 minutes of play – not an hour. Chris is one of the many exceptional coaches at this club. Kind, good humoured and talented. He encourages best practice in everyone. By listening to Chris and the other coaches I can now occasionally win a match at the women's social evenings!

With home working and flexible hours, I now get to play tennis 5 times per week. Sunday at 6pm is beginners class. Regularly new absolute beginners join the group. Like me when I started, their coordination and ability to stand in the right position, assess speed of ball, hit ball, and get the ball to land in the right place seems impossible. I see their embarrassment and frustration. I know they will 'get-it', they just need to stick with these classes.

With determination, time, and practice some beginners now play for DFTC in Avon League Matches. Many of us long-term 'beginners' remain in this class out of habit, but with the evolution of the club, us intermediates may need to move to a different class!

Saturday at 9am I play for 45 minutes in another beginners class. This is a small group of ladies and men. It's great to start a Saturday with a coaching by Chris. We usually go to Starbucks next door afterwards.

Tuesday at 9am. Women's tennis. Intermediate level doubles & singles. 1 to 2 hours. Followed by a drink at Starbucks.

Wednesday 6pm or 7pm, 1 hour of Intermediate/advanced Women's doubles. Fast paced and determined players. Great for releasing work/life pressures.

Friday at 9am. Women's tennis. 1 to 2 hours. Followed by a full English at Dings Rugby club.

Why You should join DFTC

Whatever level you are at, you will spend so much time concentrating on that little green ball that you won't have capacity to worry about anything else. Plus, time whizzes by. 1 hour of high intensity exercise playing tennis feels like 15 minutes. Being outside and playing with fun people will make you feel good after you've played. That happy feeling can last the whole day and helps with sleeping.

Winter tennis is great. You can feel the autumn and winter moving in with all that fresh air. When you get home, your home feels even more cosy. Playing in the cold makes you feel very awake and alive. Sky is dramatic over the courts.

DFTC is welcoming and inclusive. Active in removing cliques. Where kindness and fun for all are the objectives. You'll find players that have more, less, and equal skills to your own. There are many more classes than I have mentioned. Some for absolute beginners, some for advanced players. Plus, you can get private lessons.

It can be scary to try something new, but with DFTC, it's worth it!

I look forward to seeing you soon,

Wanda

For more information: www.downendandfrenchay.co.uk

News from The Dings

The season is well under way now and we have already had three lengthy excursions, with wins at Westcliff (Southend) and Canterbury, the game against Rochford (Southend) being played after this has gone to print. We were pleased to have three sides playing at home at the end of September giving a good 'buzz' around the ground.

The first XV match at home to Bury St. Edmunds may have entered the record books as due to a serious injury, which prevented the injured player being able to leave the pitch, the game having kicked off at 3 didn't finish until nearly 6.30!

Our Junior section continues to flourish and our Colts have played under the lights on a Friday evening.

The Cafe continues to flourish and it is good to see more of our neighbours making use of the facilities, Open for lunches on Wednesday's from 11am, there is always a Special plus assorted other dishes, and we are open on Friday's for Breakfast and Brunch. Come along and support your local team, we play at National level 4, a very good standard.



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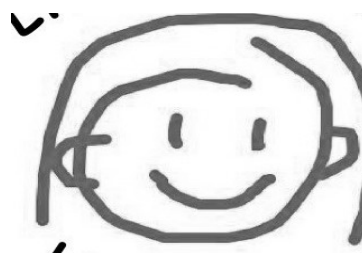
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Esmé's Article - ' November '

As a child, I really liked November. For me, the 10th was my best day, as it was my father's birthday. The 5th was fun too, with the bonfire and fireworks, and with all my boy cousins. I was the only girl!

Three of my grandchildren, one of their partners, and one of my best friends, all have their birthdays this month!

Of course, it includes Remembrance Sunday too. Whilst we wear poppies, the French wear cornflowers, to remember the battlefields. Both of these flowers are masculine in French, un coquelicot for a poppy, and un bluet for a cornflower. However the French names for flowers, blossom, and a rose, are all feminine.

To finish, here is one of my poems, entitled 'God's Creation '

Too beautiful to be the work of man.
Fine silky petals -
Red, shading to pink.
Black spiky stamens -
The colour of ink.
Curling flat leaves -
A green so intense.
A subtle sweet perfume—
That's almost incense.....a POPPY !



Enjoy November, ***Esmé.***

Begbrook Social Club, Frenchay Park Road BS16 1HY

It is with great pleasure that we would like to welcome all our Members, Groups, and friends back to the club to enjoy our facilities as you did before .

Our two function rooms are available to hire and we are pleased to announce that we will soon be resuming our entertainment program . This will include Weekly Sunday Night Bingo and an Entertainer , our very popular Tuesday Night Karaoke, and a Saturday Night singer . Our facilities have been updated with several big screens for sporting events . Any enquiries please call Val on **07970266924**

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Frenchay Community News

If you have articles, ideas, or suggestions for future editions of FCN, or if you are just happy to be a 'CHIS', please feel welcome to contact FCN, as directed on page 1

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